



Kitesurfing 3 Days Beginner Lesson (HK\$3,800 per person)

- 12hours for 3 days (4 hours per day)
- the 3 classes shall be completed within three month
- After completing the lesson can have internationally recognized qualifications IKO

You will learn:

- Rigging up a 5 line kite
- Theorem of kitesurfing location and conditions
- launching, landing, water re-launching, emergency quick release, self landing, equipment types and safety systems
- Flying confidently at the edge of the wind window, rescue techniques, body dragging
- Self launching, basic water techniques: Water start, board riding techniques, water re-launch in deep water

Please kindly noted:

1. Requirement: can swim 50m without swimming aid
2. The fee already includes the instruction & the gear
3. Please arrive at least 15 minutes prior the activity, the start time may change subject to weather conditions.
4. Prepayment shall be requested in order to confirm the lesson
5. Trainee need to bring along your protection shore and wear, and something you might consider to bring along: sun protection wear, sun cream, mosquito repellents, shower amenities.
6. In case of dispute, Long Coast Seasports (LCS) reserves the rights for its final decision.